

Michigan Osteopathic Association AUTUMN CONFERENCE



OCTOBER 16-18, 2026
Grand Valley State University

Richard M. DeVos Center | 401 W. Fulton St., Grand Rapids, MI

Approved for 25 AOA Category 1-A Credits

Friday, October 16 (6-8 credits)

7:30 am-6 pm Registration Hours

8:30 am-6 pm CME Sessions

12:30-1:30 pm Luncheon

8:30 am-6 pm Exhibitor Hours

6-7 pm MOA-MSUCOM Welcome Reception

8:30 AM-1:30 PM	MORNING SESSIONS	MODERATOR: ANTHONY OGNJAN, DO, FACP
8:30-9:30 am	MI LARA Licensure Review	Krisanna Smith & Kiera Thelen, MI LARA
9:30-10:30 am	Topic TBD	Speaker TBD
10:30-10:45 am	Break, visit with exhibitors	
10:45-12:15 pm	Dementia and Alzheimer's update	Robert Riekse, MD
12:15-12:30 pm	Break, visit with exhibitors	
12:30-1:30 pm	Luncheon & Product Theater	Speaker TBD
1:30-1:45 pm	Break, visit with exhibitors	
1:45 PM-6 PM	AFTERNOON SESSIONS	MODERATOR: JASPER YUNG, DO
1:45-2:45 pm	Direct Primary Care	Paul Thomas, MD
2:45-3:45 pm	Physician Personal Finances Update	Charles Hoff, AFC
3:45-4 pm	Break, visit with exhibitors	
4-5 pm	Overview of Herpes Infection	Peter Gulick, DO, FACOI
5-6 pm	Michigan Beasties	Anthony Ognjan, DO, FACP

Saturday, October 17 (9 credits)

6:30 am-5:45 pm Registration Hours

7 am-5:45 pm CME Sessions

7 am-5:45 pm Exhibitor Hours

8 am-5 pm OMM Treatment Center

12:15-1:15 pm Luncheon

3:30 pm Raffle Winners Announced

7 AM-1:15 PM	MORNING SESSIONS	MODERATOR: R TAYLOR SCOTT, DO
7-8 am	Breakfast & CME: Oral Health Update	Jeffery Johnston, DDS
8-9 am	Neurogenic Bowel and Bladder Lecture	Jonathan VandenBerg, DO
9-10 am	GLP1s Update	Michael Valitutto, DO

10-10:15 am	Break, visit with exhibitors	
10:15-11:15 am	Financial Considerations When Setting Up a Practice	Stephen J. Pietron, JD, LLM
11:15 am-12:15 pm	Micronutrients and Substance Use Disorder (qualifies toward MI LARA requirement)	Ramona Wallace, DO
12:15-1:15 pm	Luncheon Product Theater by Ipsen (non-CME) Evolving Approach to Second-Line Treatment in PBC	Syed-Mohammed Jafri, MD
1:15-1:30 pm	Break, visit with exhibitors	
1:30 PM-5:45 PM	AFTERNOON CME SESSIONS	MODERATOR: ELIZABETH SWENOR, DO, FACLM, DipACLM, FAAMFM
1:30-2:30 pm	Lifestyle & Functional Medicine: Understanding the Gut to Brain - How and Why Your "Gut Feeling" Effects your Mood and Health	Mary Louder, DO
2:30-3:30 pm	Introduction to Lifestyle Medicine	Bettina Jones, MS, RDN, CCMS
3:30-3:45 pm	Break, visit with exhibitors	
3:45-4:45 pm	Lifestyle & Functional Medicine: Health Coaching and Behavior Change	Kara Tibbe, MBA, NBC-HWC
4:45-5:45 pm	Movement is the Multiplier	Melissa Sundermann, DO, FACOI, DipABLM, FACLM

Sunday, October 18 (6 credits)

7:30 am-2:45 pm Registration Hours

8 am-2:45 pm CME Sessions

8-9 am Breakfast & CME

12:15-12:45 pm Lunch Break

2:45 pm Conference Concludes

8 AM-12:15 PM	MORNING CME SESSIONS	MODERATOR: MARY GOLDMAN, DO
8-9 am	Breakfast & Topic TBD	Speaker TBD
9-10 am	Dermatology Update	Stephen Cahill, DO
10-10:15 am	Break	
10:15-11:15 am	An EHR is Not Your Enemy	Ewa Matuszewski, CEO
11:15 am-12:15 pm	Pain & Symptom Management Topic TBD (qualifies toward MI LARA requirement)	David Neff, DO
12:15-12:45 pm	Lunch Break, pick up pre-ordered lunch	
12:45 PM-2:45 PM	AFTERNOON CME SESSIONS	MODERATOR: MARY GOLDMAN, DO
12:45-1:45 pm	OMT for the Foot, how it Affects the Body	Mary Goldman, DO
1:45-2:45 pm	Tai Chi for Health	Gregg Silberg, DO, FACOI, MBA, Rph
2:45 PM	CONFERENCE CONCLUDES	

On Demand Courses Included (2-4 credits)

Implicit Bias Training, Jo Reger, PhD, Oakland University (1 credit)

Myths vs Facts on Vaccines, Peter Gulick, DO, FACP (1 credit)

Sign in to your account at www.cmelearningcenter.com